Investing Today

to Impact Tomorrow



"I'VE HAD PEOPLE STOP ME IN THE STREET TO SHARE HOW MY PERFORMANCE AT THE PAVILIONS CONCERTS ON THE LAWN BROUGHT SO MUCH JOY TO THEIR ELDERLY PARENT, IT'S SUCH AN HONOR." -JUDY HARRISON, REGARDING HER JULY PERFORMANCE REMEMBERING PATSY CLINE.

- Bringing Back the Joy
- Committed to Quality Campaign
- Concerts on The Lawn
- Rehab Helping People Stand
- The Grand Event
- Courtyard Makeover

A Grand Mission







The mission of the Grand Traverse Pavilions is to provide accessible, trusted and compassionate care that enhances quality of life for aging adults. As the region's first and only public, nonprofit Continuum of Care the Pavilions features:

Grand Traverse

- Long-term Skilled Nursing Care
- Short-term Rehab
- The Wellness Center: Inpatient and Outpatient Therapy
- The Cottages: Independent and Assisted Living
- Overnight Respite and Adult Day Services
- Onsight Dialysis Services

Among the top employers in Grand Traverse County with over 450 employees, The Pavilions injects more than \$30 million into the local economy making a significant economic impact in our community. Grand Traverse Pavilions has operated financially self-sufficient for over 30 years and does not rely on allocation of county general funds or an operational millage while providing \$4.4 million worth of charitable care annually to some of the area's most vulnerable citizens.

With residents, participants, therapy patients, volunteers, and staff, Grand Traverse Pavilions is more than just a nursing home. It's a grand community of caring for generations.

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Legacy is a publication of the Grand Traverse Pavilions Foundation. If you no longer wish to receive mail from us or to change your contact information please contact Jena at jcapriccioso@gtpavilions.org or call (231) 932-3019. We would also love to add you to our email list. Please share your email with us so we can keep you better informed of what's happening here at Grand Traverse Pavilions.



Grand Traverse Pavilions

1000 Pavilions Circle Traverse City, MI 49684 (231) 932-3000

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Bringing Back the "Joy"



By Kory Hansen, Administrator/CEO

he region has been cautiously emerging from what the Baby Boomer generation, and those that follow, may call one of the most disruptive times in our Nation's history. But the "Greatest Generation" that proceeded us, may have a different perspective. Many of the residents at Grand Traverse Pavilions have achieved or are fast approaching 100 years of

age. They experienced or may remember stories of the Spanish Flu, which according to historians was an unusually deadly influenza pandemic caused by the H1N1 influenza virus. Lasting from February 1918 to April 1920, it infected 500 million people – about a third of the world's population at the time – in four successive waves. Today, globally, nearly 200 million people have been infected with COVID-19, and the Delta variant has now affected many parts of the world.

We remain cautiously optimistic. The local infection rate has declined and the regional vaccination rates are increasing. Grand Traverse County has a vaccination rate of nearly 60% and neighboring Leelanau County has the highest vaccination rate in the state with 85% of elderly (65+) residents either fully or partially vaccinated. This allows us to pause, even if briefly, to focus on the reprieve we have enjoyed over the last few months, allowing our staff, residents, and community, to enjoy some much needed human interaction, socialization, and yes, "Joy." Whether communal dining or outdoor visitations for our residents and their families, celebrating our staff at the recent employee appreciation "Survivor" themed picnic, or the ability to host the community on the Grand Lawn for some much needed "music therapy" during Concerts on the Lawn; a reprieve from the COVID restrictions has been welcomed.

In this issue we share a link to the most current visitation guidelines provided by the Michigan Department of Health and Human Services (MDHHS), the governing agency for all Skilled Nursing Facilities (SNF) in the State. Grand Traverse Pavilions has been fortunate to maintain a "no COVID outbreaks/no COVID deaths" record - something our Clinical and support staff should be heralded for! While Legislation has been put forward, the Pavilions has not received any COVID-19 Relief Funding to date. However, staffing and census rates are well below our historical benchmarks. While the Pavilions is strong, the pandemic has undeniably taken a toll on the emotional and physical wellbeing of our residents, staff, and their respective families. Frankly, data is showing that COVID-19 may have a lasting impact on all generations, but most profoundly on our elders. I'm sure we can agree, for those who have limited days ahead of them, any "lost time or lost ability" (physical or cognitive decline) has heightened significance.

For this reason, we encourage families to visit, to share a common "joy", and to celebrate our elders. Joy is a concept at the core of the Eden Alternative philosophy of care that we subscribe to at Grand Traverse Pavilions. We are currently working on achieving the Eden requirement that 20 percent of our staff become Eden Certified. This goal insures that we are building a culture of "Person Driven" care, which involves, empowers, and invites the residents, and their families, in the care planning/ decision making process.

I would be remiss if I did not take a moment to thank those organizations, family foundations, and community partners who have helped us during the pandemic - and to emerge from it. Special thanks to The Grand Traverse Regional Community Foundation and the Grand Traverse Band of Ottawa and Chippewa Indians for various grants in response to COVID. Support from the Michigan Council for the Arts and Cultural Affairs/ Northwest Michigan Arts & Culture Network and Serra Subaru of Traverse City help us bring the enjoyment of local musical talent to our residents during Concerts on the Lawn. Media sponsor Midwestern Broadcasting has provided promotional support for "Careers of Caring" to enhance awareness regarding the importance of careers in the senior care industry. PNC Bank is helping us to also bring greater appreciation for our elders through the Make it GRAND-Parent Essay Challenge, as well as, the annual Grand Traverse Pavilions Foundation fundraiser, The Grand Event: LIFE to be held this year at The Park Place Hotel & Convention Center on Saturday, September 11, 2021.

The Committed to Quality: Quality of Care/Quality of Life Campaign managed by the Pavilions Foundation has a goal of generating \$500,000 in 2021 to support programs, equipment and processes that support the Eden model of care. Funding initiatives identified have included the purchase of a new resident transport bus to reengage those who are able to participate in external activities including, theatre, baseball games, and social exchanges. We have begun refurbishing of the Pavilions courtyards that offer unique outdoor enjoyment – proven to provide a welcomed outdoor safe-haven for our residents during the various stages of the pandemic. Because we could not have vendor or volunteer support during the lockJoy is a concept at the core of the Eden Alternative philosophy of care that we subscribe to at Grand Traverse Pavilions. We are currently working on achieving the Eden requirement that 20 percent of our staff become Eden Certified.

down these areas have become overgrown and are in need of serious review. Therefore, we were excited and encouraged to share the Pavilions is under consideration for an IMPACT 100 of Traverse City grant which could dramatically assist the organization to train a significant portion of the Pavilions staff in the Eden model, and implement enhancements, programs, and service that will help us insure the Quality of Life of our residents.

There are many partners celebrated in the following pages of this issue of Legacy, such as our friends at the Hayden Foundation, the Art and Mary Schmuckal Family Foundation, and the Les and Anne Biederman Foundation who graciously support our efforts to enhance care for the vulnerable elders we are entrusted to serve. On behalf of Grand Traverse Pavilions leadership, residents and staff... we are humbled and grateful for them all! With the community's help, we are recovering, reorganizing, and recommitting to our Mission – **To provide** accessible, trusted and compassionate care that enhances the quality of life of aging adults.

We hope that you will join us and those celebrated in this issue, by pledging your support for this noble and charitable cause!

Respectfully,

Lough Hanse

Korvyn Hansen, Administrator/CEO

Note: A giving envelope has been included between pages 4-5 for your convenience Thank you!

Pavilions Committed to Quality Campaign

In 2020 one-in-three (33%) of every person in the five county region of Northern Michigan was 65 years of age or older. Projections for 2030 are even higher with 38% of the region population over 65. According to a study by the Department

of Health & Human Services (MDHHS) Aging & Adult Services Agency in 2020, those age 85 and older continue to be the fastest growing demographic in the state. Grand Traverse Pavilions, is a public senior care facility with a charitable mission that dates back to the early 1900's. It provides nearly \$4 million annually in charity care for the region's most vulnerable and elderly. As the regions trusted continuum of senior care services Grand Traverse Pavilions acknowledges that the quality of its relationships is the key to its





<u>Commitment to Quality</u> Quality of Life & Quality of Caring

Grand Traverse Pavilions

success, and that care and well-being is essential for everyone. While a person-directed model of care challenges us to change our attitudes, beliefs, and values, it also redefines how we measure the quality of outcomes. The institutional model has welldefined measurements, focused mostly around quality of care indicators, with outcomes posted on our government's website for all to see. If used properly, they are effective for determining if an Elder is receiving appropriate physical care, but they fail

to measure the nuances of a life worth living. To address this deficit, we need to define a new way to articulate and define our success. The Eden Alternative is the answer, and Grand Traverse Pavilions has been an Eden Alternative Registry Member since 1997. It is our goal to continue on this journey by pursuing Milestone III Certification and become a model in our region and help lead a *Culture Change Movement*.

Promoting Person Centered Care through the Eden Alternative philosophy is at the core of the Pavilions mission

and vision, it is what sets the Pavilions apart from other aging care service providers in the region. *We ask that you consider supporting the Pavilions efforts by utilizing the attached giving envelope*.

Foundation Board Expands Talent

he most important function of any Board is to provide the intellectual infrastructure to support the growth of the organization and maintain focus on the organization's mission. The Grand Traverse Pavilions Foundation is very pleased to acknowledge the 2021-22 Officers and Directors, as well as, the newest members of the Foundation Board.

Officers:

Dennis J. Prout - Board President 6/14 - Present, Vice President 6/10 - 6/14

Dennis is principal advisor at Prout Financial Design in Traverse City providing the Pavilions Foundation Board with a unique perspective on the importance of successful aging and retirement planning, as well as, a genuine concern for the care and preservation of our vulnerable aging population. Dennis joined the Pavilions Foundation Board in 2009.

Elizabeth (Betsy) Levan Aderholdt - Vice President 06/21 - Present

As former Ascension Crittenton Hospital Mid-Michigan Hospital President and CEO Betsy Aderholdt provides a valuable health-care perspective on the Pavilions Foundation Board after most recently serving Ascension as Interim President for the Northern Michigan ministries – St. Mary's of Saginaw and Standish, and St. Joseph Health System. Betsy joined the Pavilions Foundation Board in 2017

Cynthia (Cindy) Klingler - Treasurer 06/21 - Present, Vice President 06/16 - 6/21

Cindy has served the Pavilions Foundation Board in both a Vice President and now Treasurer capacity since joining the Pavilions Foundation Board in 2009. She brings extensive financial experience from her career as Vice President Business Banking for PNC Bank.

Kory R. Hansen - Board Secretary 02/08 - Present, Re-Elected Assistant Treasurer 10/05 - 02/08

By virtue of his position as CEO/Administrator for Grand Traverse Pavilions, Kory serves in an Ex-officio capacity as Secretary on the Grand Traverse Pavilions Foundation. He has served the Pavilions for 29 years with expertise in the financial management of the organization and foundation. Kory has been serving on the Foundation Board since 2008.

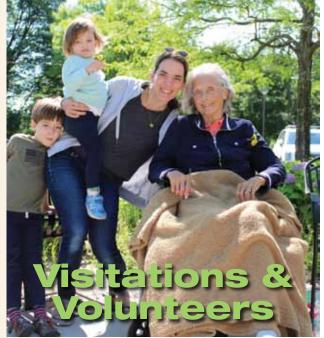
New talent to the Foundation Board in the past year;

Maggie Hardy – Currently Maggie serves as Signature Events Coordinator for Hagerty Insurance Company. Prior Maggie served as Regional Director for the Alzheimer's Association in northern Michigan. Maggie has a passion for the elder population, a virtue passed down from her Mother, Cindy, who also served on the Pavilions Foundation Board. Maggie joined the Pavilions Foundation Board in May 2021.

Dr. Mark Jackson – Dr. Jackson has served the community as one of the areas only geriatric physicians, and also served as Medical Director for both Grand Traverse Pavilions and PACE North. Mark has a passion for caring for the elderly members of our region and is a welcomed addition to the Pavilions Foundation Board as of May 2021.

Haider A. Kazim, J.D. – Haider is an Equity Partner with Cummings, McClorey, Davis & Acho, P.L.C.. Specializing in municipal law, he serves a s a member of the firm's Executive Committee. Haider was approved by the Department of Health and Human Services Board (DHHS) to serve on the Foundation Board July 2021.

For a full listing of Pavilions Foundation Trustees please visit the Grand Traverse Pavilions website at https://www.gtpavilions.org/foundation/foundation-board-members/



During a recent outdoor visit Lauren Berlacher, and her two children, visited with her mother, Audrey, on the Pavilions Plaza.

reviously, Rose Coleman, Chief Operating Officer (COO) for Clinical Services shared that much of her time is spent updating and revising the Pavilions policies on COVID mandates issued by the Centers for Disease Control and Prevention (CDC), and mandates from the Michigan Department of Health and Human Services (MDHHS). While there have been significant reductions in the restrictions for outdoor visitation, there are still significant limitations for indoor visitations in Michigan's Skilled Nursing Facilities (SNF) such as the Grand Traverse Pavilions. To help keep resident families informed about how the Pavilions was responding to the pandemic the Pavilions Marketing Department worked with Nursing leadership to establish the "Family Weekly Updates." The updates are posted on the Pavilions website to communicate any confirmed cases of COVID among the staff or residents, and to inform resident families of any new requirements or revisions to the Pavilions current visitation policies. For the most up to date information please visit https://www.gtpavilions.org/ family-weekly-updates/

We would also like to share that just as family members are limited inside the Pavilions, we have also had to eliminate access for Volunteers. We are currently starting to consider the potential of inviting volunteers back into the building to assist with Resident activities, gardening, Adult Day support, and Child Care support, but have been advised that all volunteers will be required to be fully vaccinated to assist with any activities inside the facility with potential proximity to our residents and/or staff. If you are fully vaccinated and interested in volunteering at the Pavilions, please reach out to Adam Dennis, Development Coordinator at adennis@gtpavilions.org or by calling the Development Office at 231-932-3018.

Make It **GRAND-Parent** Essay Challenge

Grand Traverse Pavilions is introducing the "Make it Grand-Parent Essay Challenge" and encourages children of all ages to tell us in 500 words or less, why they feel their grandparent is so "GRAND."

"The "MAKE IT GRAND-Parent Essay Challenge" is geared toward all ages to celebrate the legacy and impact that our elders have had on them...specifically, grandparents." shares Deborah Allen, Community Engagement Officer for the Pavilions. The Essay Challenge encourages grandchildren, and their parents, to celebrate the grandparents in their lives.

The Make it Grand-parent promotion is meant to celebrate the relationships and importance of grandparents at a time when national trends are demonstrating that more grandparents are actually responsible for raising their grandchildren, forgoing their "golden years" for the sake of others. The Pavilions is committed to raising up grandparents, to show that they are important, valued, and essential to the success of the family unit, and our communities, by asking people to write a compelling essay demonstrating how they are inspiring, educating, mentoring, and/or caring for their families." The MAKE IT GRAND-Parent Essay Challenge is a promotion that both celebrates aging adults and brings awareness to the need to support their care. Presented by the Pavilions Foundation and partnership with PNC Bank, the essay challenge allows people across Northern Michigan to submit essays via the Grand Traverse Pavilions website at https://www.gtpavilions.org/ news-events/make-it-grandparent-essay-challenge/ or by emailing communications@gtpavilions.org

The deadline to submit an essay is August 20, 2021 and there will be a grand prize of \$500 awarded to the most compelling essay and three additional cash prizes to the runners-up. Winners will be featured in an upcoming Grand Traverse Pavilions Legacy publication and recognized at the Grand Event: Life on September 11 at the Park Place Conference Center in Traverse City For information on this event please visit: https://www.gtpavilions.org/news-events/make-it-grand-parent-essay-challenge/



PACE North Has **New** Leadership



PACE North is proud to announce that Mary John-Williams has been named executive director for the nonprofit devoted to giving seniors

Mary John-Williams

the support they need to enhance living in their own home or with family. Mary comes to PACE North with both a health and human service background as well as PACE experience.

In her new role Mary will have strategic, administrative, leadership and management responsibilities for overall organizational success. Mary succeeds Sherrie Moseler who is retiring. Sherrie led the start-up and successful implementation of the PACE North program over the past two years.

Mary holds two master's degrees, a Master's in Business Administration (MBA) and a Master's in Social Work (MSW). Mary most recently served as Director of Operations for PACE Southeast Michigan. Mary's innovative strategies have led to improved client outcomes and increased employee engagement. Greg Kish, PACE North Board President stated that "our [staff], participants and their families will benefit from Mary's expertise and from her team-oriented and solution-focused approach to problem solving"

On the Grand Lawn of the Pavilions campus the outdoor concerts are family friendly and free to the public.

Livestream From the Grand Lawn to Your Lawn

he Grand Lawn is once again the featured location for some of the best "free" community concerts in the region thanks in great part to Title sponsor Serra Subaru of Traverse City. This year's series features a shortened line-up of nine (9) Thursday evening concerts. The concert series kicked-off Thursday, July 1, 2021 at 7pm, just in



time for the lift of outdoor restrictions for community gatherings. The first concert of the season, featuring new fan favorite Jake Slater with his special Elvis Tribute, saw first night record crowds of more than 3,000 concert guests, according to Adam Dennis, Pavilions Development Coordinator. The balance of the concert season will feature local talent familiar to our residents with music that brings back happy memories of days gone by. As a reminder to our community guests, the Grand Traverse Pavilions is the County's only public skilled nursing facility, and as part of our music therapy program we feature musical selections and genres that appeal to all ages, but with a special nod to music of yester-year.

On the Grand Lawn of the Pavilions campus the outdoor concerts are family friendly and free to the public. Guests are encouraged to bring their own chairs or blankets for the hour long performance. New this year, yendor operated food concessions are provided by "Center City Kitchen" offering a variety of traditional and healthy food options. Concessions will open at 5:30 PM. Also available for purchase are beverages and a limited selection of Moomer's ice cream. "It's a great, family friendly evening for the public, our assisted living and long-term-care residents along with their families," says Kory Hansen, Administrator/CEO. "We are so pleased to be able to again share the Grand Lawn and this exceptional line-up of regional artists with the community." Serra Subaru of Traverse City will return for the fifth year as Title Sponsor. "We are honored to again partner with Serra Subaru for this year's shortened concert season," says Deborah Allen, Chief Development Officer and Community Engagement Officer for the Pavilions. "Our sponsors have been amazingly supportive as we have had to adjust for this year as we all emerge post-COVID. Their support helps cover the musician fees and promotional costs so that we can provide this multi-generational celebration of music for our residents, their families and the entire community. We simply could not continue to offer this free series if not for our committed sponsors, many of which return year after year." stated Dennis.

Proceeds from freewill donations received during the concerts go to the Grand Traverse Pavilions Foundation to provide services

to keep up with the latest events and concert news. Also new this year will be the ability to livestream the concerts courtesy of Commun02

for the "Residents" (called

residents to signify that the

interested are encouraged

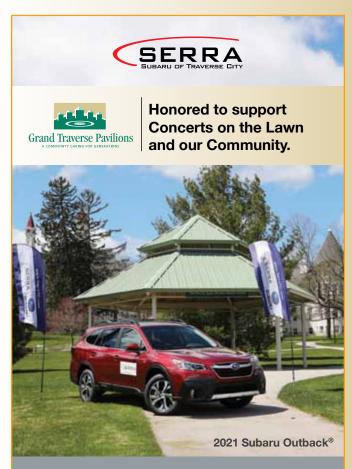
to follow the Pavilions on

grandtraversepavilions/

Facebook at facebook.com/

Pavilions is their home). Those

a safe community web based platform geared for aging adults which can be accessed through the Pavilions website at https:// www.gtpavilions.org/news-events/live-streaming-information/



Be Safe and Enjoy the Music.

(231) 947-9000 www.serrasubaruoftraversecity.com



Granted Equipment is Helping Clients **Be Well Again!**

he Grand Traverse Pavilions Wellness Center through a grant from the Les and Anne Biederman Foundation is excited to further enhance the ability to restore wellness to clients with use of the Neurogymtech Sit-to-Stand Trainer! The trainer uses a counter-weight pulley system to provide a safe and effective way to



Pavilions Physical Therapist works with Mr. Bishop to help him stand, something he has not been able to do in over two years.

strengthen weight-bearing muscles and improve standing tolerance and balance. Moving from a sitting to standing position can often be one of the most challenging skills following a fracture, stroke, or deconditioning from a hospital stay. With use of the Trainer, the client builds strength and gradually reduces the counter-weight until the task is performed without assistance. For those that have difficulty with prolonged standing, the Trainer provides support to increase standing tolerance as well as participate in more advanced standing tasks.



Paint Grant Traverse will make a stop at Grand Traverse Pavilions for a Featured Location Plein Air paint on Friday, August 13, 2021 from 4-8pm on the beautiful 23 acre campus of the community's only public home for the aging. For more info:

https://www.crookedtree.org/events/traverse-city

Traverse City Dance Project (TCDP)

"Community Tour" – Will provide a free live performance featuring a collaboration with the Traverse Symphony Orchestra, held on the Pavilions "Grand Lawn" on Friday, August 13, 2021 from 1-3pm.

https://www.tcdanceproject.org/ programs-in-development





Excerpts from an article in Success Magazine by Jim Rohn (Author of The New Jim Rohn One-Year Success Plan) This Is How You Leave a Legacy:

I have made it my life's pursuit to teach others the philosophies and actions that would help them achieve greatness and personal fulfillment in their own lives. Forty years ago, it felt like it would never end. Today, I still imagine I have many years left, but I am also more acutely aware than ever that there is much less time left than before. Being aware of this has made me even more clear about my goal of living well and teaching others to do the same. I want to help others achieve all of their dreams and that's one of the legacies I want to leave behind. Why is leaving a legacy important? Here are a few reasons:

It is part of the ongoing foundation of life. We are stewards of this world, and we have a calling on our lives to leave it better than how we found it, even if it seems like only a small part.

It has the raw power for good and for bad. What we do affects others. Our lives have the power to create good or purvey evil. It is important that we choose to do good.

It is an act of responsibility to leave a legacy. I truly believe that part of what makes us good and honorable people is having a foundational part of our lives based on the goal of leaving a legacy.

It breaks the downward pull of selfishness that can be inherent in us all. After all, we won't be around to watch our legacy. To build that which will last beyond us is selfless, and living with that in mind breaks the power of selfishness that tries so desperately to engrain itself in our lives.

It keeps us focused on the big picture. When we are building a life that will give for many years, we are thinking "big picture." Ask yourself: How will this affect people in the years to come?

The Grand Traverse Pavilions Foundation can help you plan a Legacy that will positively impact the lives of aging adults for generations to come, for more information contact Deborah Allen at 231-932-3020 or email dallen@gtpavilions.org

CONGRATULATIONS

Grand Traverse Pavilions believes our employees are our most valuable asset. The longevity of our employees demonstrates their on-going commitment and dedication to provide the best possible care to the elders of our community each and every day.

We're Pleased to Recognize the Following Employees Celebrating Milestone Years Of Employment:

40 YEARS OF SERVICE

Cynthia Weber, Certified Nurse Aide

35 YEARS OF SERVICE Tina Larsen, Licensed Practical Nurse

30 YEARS OF SERVICE

Marie Borowicz, Sodexo Server Teresa Sokoloski, Certified Nurse Aide Andrea Tiffany, Certified Nurse Aide

25 YEARS OF SERVICE

Lisa Reynolds, Registered Nurse Donita Stokes, Certified Nurse Aide

ISNews

20 YEARS OF SERVICE

Vicki Deffendall, Financial Mgmt. Assistant Angela Edinger, Certified Nurse Aide Richard Harner, Maintenance

USNews

SHORT-TERM

15 YEARS OF SERVICE

Kristi Clark, Physical Therapy Assistant Holly Edmondson, Clinical Case Manager Mary Elijah, Licensed Practical Nurse Teresa Fisher, Certified Nurse Aide Kathleen Minder, Universal Worker Marion Porter, Certified Nurse Aide Danielle Recker, Certified Nurse Aide

10 YEARS OF SERVICE

Jessica Bender, Certified Nurse Aide Amy Coneset, Wellness Center Director Amelia Davis, Certified Nurse Aide Christopher Hinze, Physical Therapist Deborah Husby, Certified Nurse Aide Ann O'Leary, MDS/Rehab Services Assessment Coordinator Ann Parker, Physical Therapist

Ashley Tarras, Occupational Therapist Lindsey Terrill, Employee Benefits Manager Heather Watson, Registered Nurse

5 YEARS OF SERVICE

Shawna Barnes, Registered Nurse Amanda Bliss, Certified Nurse Aide Alex Block, Sodexo Server Brittany Burley, Administrative Assistant Jamie Clark, Certified Nurse Aide Maribeth Condon, Sodexo Server Alexys Corby, Certified Nurse Aide Ashley Crawford, Certified Nurse Aide Jolene Dunham, Certified Nurse Aide Emilie Finkelberg, Licensed Practical Nurse Levi Harner, Certified Nurse Aide Marjorie Hilliard, Universal Worker Jessica Hockett, Certified Nurse Aide Erica Nesvig-Paddock, Rehab Coordinator Ashley Parks, Certified Nurse Aide Amber Pelton, Certified Nurse Aide Richard Pilate, Physical Therapy Assistant Chauna Seekamp, Licensed Practical Nurse Tara Send, Registered Nurse Kendra Sheiffele, Certified Nurse Aide Robert Wild, Information Systems Technician

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Please visit: gtpavilions.org/jobs to submit an application

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Pavilions Foundation Grand Event Celebrates GRAND-Parents

he Grand Traverse Pavilions Foundation is excited to announce the details of their third annual (cancelled in 2020) fundraiser: The Grand Event: LIFE. The event is based on Hasbro's The Game of LIFE®, which most baby-boomers remember fondly from their childhood. This ticketed event will allow participants to play the game with a chance to age successfully and potentially win a \$1,000 GRAND Prize. The game will feature various local businesses, like Event Grand Sponsor, PNC Bank, with each offering valuable prizes to the LIFE participants.

"We are envisioning as many as 200 participants playing the Game of LIFE with their family, friends and co-workers at the event, and having the opportunity to win great prizes." says Deborah Allen, Chief Development Officer for the Grand Traverse Pavilions. "The Game of LIFE fits so well into our vision of successful aging. Players strive to navigate through 'LIFE' with the end goal to achieve a happy and healthy retirement. Funds raised from the event will be utilized to support Grand Traverse Pavilions special projects to ensure area seniors have the ability to age with grace, independence and a sustained quality of life."

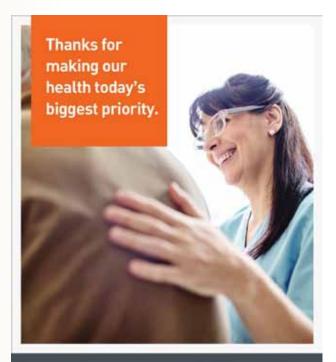
The Grand Event is held each year on the Saturday prior to Grandparents Day, a National Holiday established to honor our elders. This adult (over 21) game night will be held at the Park Place Hotel and Convention Center on Saturday night, September 11, 2021 starting at 6:30 pm.

Hosting the event on Grandparents Day weekend, while featuring playing a game that focuses on successful aging, is consistent with the Pavilions' mission "to provide accessible, trusted and compassionate care that enhances quality of life for aging adults." A new element of the event this year will be the announcement of the winners of the "Make it GRAND-Parent Essay Challenge" which ran earlier this summer with support from the regional area school districts and local media to promote the opportunity for children of all ages to submit a 500 word-or less essay about what makes their GrandParent so Grand. The Essay Challenge was also underwritten by PNC Bank in recognition of their corporate initiative "Grow Up Great," which since 2004 has been helping children from birth through age five develop a passion for learning that lasts a lifetime. The Essay Challenge has various age levels for submission and a cash prize of \$500 for the best essay which will be featured at the Grand Event fundraiser Saturday evening.

The one thing that most aging adults have in common is that they want to maintain a healthy quality of life well into their retirement years. "The Grand Event: LIFE is a unique opportunity to engage the community and area businesses with a shared goal of supporting and honoring our elders," says Allen. "With great opportunities for fun, laughter, and some amazing prizes, we expect it to be a wonderful event." Proceeds from the event support the Pavilions mission and the charity care



provided by the organization annually. Information about the event and our sponsors can be found at our website, www.gtpavilions.org/grand-event-life.



The well-being of a community hinges on the health of the people who live there. We're proud to acknowledge Grand Traverse Pavilions for helping our community be a healthy place, one person at a time.

For help with your financial well-being, call to make an appointment at a local Traverse City branch. 231-935-1111 pnc.com

Make today the day." D2020 The PNC Financial Services Group, Inc. All rights reserved. INF Daol: National Association. Member FDIC constraints of the first of th

PNC BANK

Guest olumns

Legacy readers are invited to submit stories and story ideas. Stories should be related to the Grand Traverse Pavilions and its residents; successful aging; health and wellness; or issues aging adults and their caregivers face.

Guidelines: Approximately 350 words. Digital photos must be at least 300 pixels per inch. You must own the rights to any photo submitted.

Stories and story ideas can be submitted to Deborah Allen at dallen@gtpavilions.org.



Current Cherry Courtyard and the proposed design and flowers.

Pavilions Beautification Plan Champions Environmental Stewardship

In previous issues of Legacy we have shared plans to establish a healing garden, memorial pathways, Plaza Fountain, all as part of overall Beautification Plan for the Pavilions twenty-three acre campus. The gardens, courtyards and walkways enjoyed by our residents and their families, as well as, our employees and the community are an important aspect of our culture of care. This past year has significantly demonstrated the importance of healing in nature as Dr. Munson subscribed over 100 years ago at the Asylum. "Honestly, never have our courtvards been more essential than over the last 18 months as our residents have been isolated from the public due to the pandemic." shared, Pavilions Recreational Therapist, Kari Ballenger. The courtyards added a beautiful architectural design element of the Pavilions building plan in 1996, when the facility was proposed for construction.

However, no one could have anticipated the importance of them in offering a safe. natural environment, were both staff and residents could literally "take a breath of fresh air" and enjoy the solitude of nature, away from the indoor isolation precipitated by the pandemic.

Around the Pavilions campus you can find many opportunities to embrace nature. The campus itself sits on an established arboretum of indigenous tree species, and a recently restored tributary to Kids Creek. Inside the buildings there are bird cages, a full scale aviary, fish tanks, and the recent addition of automated pets, since therapy pets and visitors have not able to enter the facility due to COVID related restrictions. The Cherry Courtyard will be the first outdoor area slated for a makeover thanks in great part to a resident's family making a generous gift in their Mother's memory.

Cherry Courtyard will be refurbished based on a design plan provided by Leanne Lindsay of Curb Appeal Design Services of Traverse City. The recommended plantings will include colorful perennials that bloom at various times of the year to ensure constant enjoyment. We are hoping this opportunity will inspire other families/donors to help fund the four additional courtyards, as well as the Children's Day Care/Playground which was intended as a multi-generational gathering space. Volunteers will also be needed, once the restrictions are lifted, to assist with the ongoing maintenance and pruning of the courtyards. We are extending an invitation to area Garden Clubs or Master Gardeners who would like to offer their "green thumbs" to bring joy to our residents and staff, to contact the Pavilions Development team at 231-932-3018.



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