

# Wheelchairs & Foot Pedals

Please be sure that the foot pedals are securely fastened anytime you are transporting a resident in a wheelchair.

This is a Regulatory Requirement and it also ensures proper positioning while sitting as well as safety of your loved ones.

Staff is available for assistance if needed.

We have 2 spare wheelchairs for resident/visitor pick up or drop offs located near the front lobby, just ask the front desk if one is needed and they would be happy to direct you where to go.

Thank you!



## Policy On Supplying Homemade Foods And Purchased Foods For Loved Ones

We understand that bringing in homemade foods for your loved ones is a way to stay connected and something to look forward to during these difficult times. We wanted to share with you important policy and food safety information so we can ensure safe handling and consumption of goods. When planning to transport food please have a plan to maintain a safe temperature while in transit.

- Residents have the right to obtain foods from outside sources such as takeout and foods provided by family and friends.
- Before serving, staff will check for any suspicious or obviously contaminated food or beverage and discard.
- Foods brought in from the outside will be labeled with the resident's name, room number and dated by staff for a discard date.
- Food will be discarded within 72 hours of receiving or opening, or by manufacturer's 'best by' date after opening. Foods beyond the manufacturer's date will be discarded.
- ◆ Fresh fruits and vegetables should be supplied in small amounts to prevent spoilage or premature discard.
- Foods must abide by any ordered texture modification, i.e. pureed or ground.
- Food or beverage may be stored in facility pantry refrigerators, freezers, or resident's personal room refrigerator, if applicable. Storage space may be limited.
- Foods that don't require refrigeration may be stored in a resident's room or in the pavilion pantry. Storage space may be limited.





Grand Traverse County residents 60 and over are eligible for free tax preparation assistance where simple federal and state of Michigan 2023 income tax returns can be prepared and e-filed until April 16, 2023.

To set up an appointment, contact the Senior Center Network (must be an active member) at 231-922-4911 or Northwest Michigan Community Action Agency at 231-947-3780.



Send your loved ones a message for Valentine's Day. E-mail services are available for resident's at the Grand Traverse Pavilions. Messages and personal pictures can be sent to:

lovenotes@gtpavilions.org

Please refrain from sending "junk mail" or advertisements as they will be blocked.

#### Two Years of COVID-19 Vaccination

December 2022 marked two years since the first COVID-19 vaccine was administered in the U.S. Although too many lives have been lost to COVID-19 since the start of the pandemic, vaccination has helped prevent millions of hospitalizations and saved millions of lives.

Stay up to date on your vaccines to protect yourselves, your loved ones, and your community against COVID-19. As with other vaccine-preventable diseases, you are protected best from COVID-19 when you stay up to date with the recommended vaccinations, including recommended boosters.

Get an updated bivalent booster at least 2 months after completing your primary series or last booster. If you've had COVID-19, you may delay getting your booster by 3 months since your symptoms ended. Contact your Pavilion ADON or the Infection Control Nurse at 231-932-3148.



#### Winter Season

Winter is going to be here for a while. We ask that you exercise caution when entering and exiting our buildings. The Environmental Services department does a wonderful job of keeping our parking lots plowed and they shovel snow from the walks and steps multiple times throughout the day.

When it snows, every effort is made to get the shoveling done before the first visitors or activities of the day begin. Please do not hesitate to contact any staff member, or Environmental Services at (231) 932-3131, if you have concerns about snow or ice.

Website - www.gtpavilions.org



### **Fire Drills**

In accordance with regulations, fire drills are conducted monthly at Grand Traverse Pavilions. Times of fire drills are rotated so that staff on all three shifts receive experience in procedures for reporting and management of a potential fire. Repetition in enactment of monthly drills help staff to become familiar with procedural steps so that they may respond to an actual fire in a prompt, efficient manner. The fire alarms are very loud and disruptive at a noise level regulated by the life safety code, but do serve an essential purpose in alerting residents and staff of the potential danger of a

#### **Social Workers**

Birch - Holly Kazim.......932-3207
Cherry - Emily Tyrrell.......932-3307
Dogwood - Cindi Pobuda......932-3407
Elm - Holly Kazim.......932-3507
Rehab - Kim Kucharski .........932-3727

Main Building - 1000 Pavilions Circle Traverse City, MI 49684 (231) 932-3000

Evergreen Cottage - 521 Cottageview Drive (231) 932-3600

Hawthorn Cottage - 523 Cottage Arbor Lane (231) 932-3620

Willow Cottage - 525 Cottage Arbor Lane (231) 932-3640

Grand Traverse Pavilions Foundation Office (231) 932-3018