# Hawthorn Lofts Grand Traverse Pavilions

## Is Independent Living The Right Choice?

As we age, many of us are faced with the prospect of revising our living arrangements. While thinking about moving can be a source of anxiety and stress, planning ahead can give you more choices in your level of independence and quality of life.

Grand Traverse Pavilions understands your choices and offers independent living exclusively for seniors who desire an active and healthy lifestyle. Our award-winning senior community features independent living apartments on the luxurious third level of historic Hawthorn Cottage.

Hawthorn Lofts have breath-taking views of the grand lawn that appeal to adults age 55 plus who want a comfortable home and peace of mind as they downsize from maintaining their homes and yards.

A vital component of independent living is that maintenance and upkeep are no longer overwhelming. Hawthorn Lofts are more compact with easier navigation. Just as with regular housing, you can hire in help to assist you. However, if you or your loved one requires additional assistance, you have access to our assisted living, rehabilitation, and long-term care services.

Consider that at Hawthorn Lofts you have the freedom and flexibility to keep up your apartment. You have access to transportation to visit others, shop, or keep doctor's appointments.

Independent living can give you built-in social network of peers and eliminate the boredom and frustration of not getting out of the house.

Hawthorn Lofts are close to Munson Medical Center, the Village at Grand Traverse Commons, and thriving downtown Traverse City. They offer the comfort, security, and amenities you desire.

As you look to the future and your current state of health, the Hawthorn Lofts can provide additional personal care and staff support for you or your loved one. You have choices.

## **Standard Loft Resources**

- Full kitchen & bath with state-of-theart appliances and convenient layouts
- Parking
- All utilities (except cable & phone service)
- Elevator access
- Handyman services
- Private mail box
- Washers & dryers
- Walk-in closets
- Building and grounds maintenance
- Window coverings
- Individually-controlled heat & air conditioning
- Access to Wi-Fi
- 24-hour secure entry
- Pets welcome, limit 35 lbs.
- Smoke-free environment
- Scheduled special events & outings including summer concerts and picnics

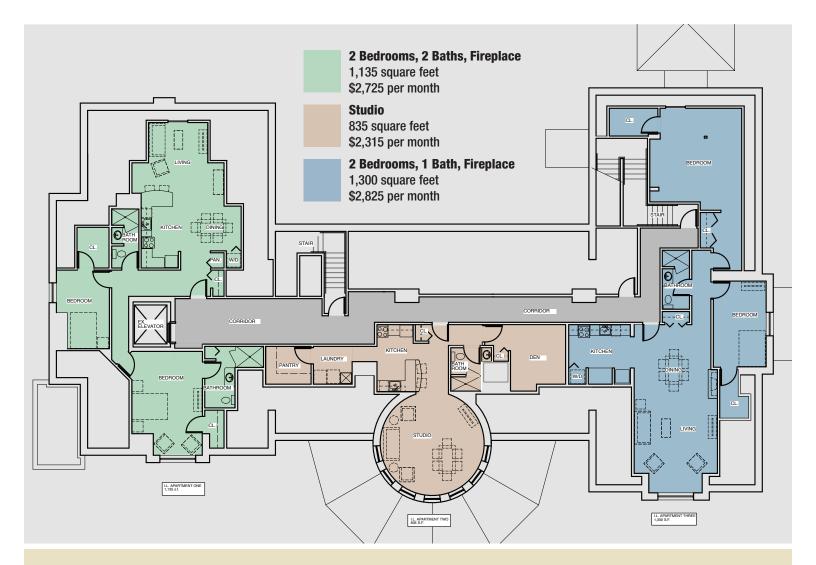
### **Additional Loft Amenities**

Fees may apply.

- Access to a full-spectrum of care: assisted living, respite, skilled nursing, and rehab
- Local transportation
- Aquatic health & wellness classes
- Meal, housekeeping, and laundry packages
- Emergency call system
- On-site therapy services
- · Personal care options
- On-site salon/barber shop



**Hawthorn Cottage** 



#### Access to a Full-spectrum of Care

Hawthorn Lofts are the only senior independent living apartments on the medical campus with access to Grand Traverse Pavilions Full-spectrum of Care.

As a resident of Hawthorn Lofts, you or your loved one can live comfortably in the manner that best suits your needs and desires with the ongoing support of family, friends, and staff.

- Adult Day & Overnight Respite
- Alzheimer's & Dementia Care
- Aquatic Therapy
- Assisted Living
- Outpatient Therapy
- Long-Term Skilled Nursing Care
- Occupational Therapy
- Physical Therapy
- Short-Term Rehabilitation
- Speech Language Pathology
- Health & Wellness Programs

#### **About Hawthorn Lofts**

Hawthorn Lofts are locally governed by the Grand Traverse County Department of Health & Human Services Board and locally owned by Grand Traverse County.

Located in the heart of Traverse City on the historic grounds of Grand Traverse Commons, they are a component of Grand Traverse Pavilions.

In addition to Hawthorn Lofts, other award-winning components of Grand Traverse Pavilions are Grand Traverse Medical Care, Intergenerational Exchanges, Grand Traverse Pavilions Foundation, The Cottages: Assisted Living Community, and The Wellness Center.

The Pavilions has been financially self-sufficient for over three decades and provides more than \$4.5 million annually in charity care to members of our senior community.

#### **For More Information**

Call us at (231) 932-3000.

A \$250 non-refundable application fee, and one-month security deposit are required. An annual lease is also required.

We look forward to meeting you!

