

Legacy

Investing Today to Impact Tomorrow

Winter 2018



Pavilions Prepares to Celebrate 20 Years

This year marks the emerald anniversary of the Grand Traverse Pavilions which opened twenty years ago. As part of the celebration the Pavilions is undergoing a campus wide beautification plan, the focal point of which will be a fountain in the front circle that was part of the original design for the Pavilions in 1997.

The Grand Traverse Pavilions is the latest in a proud legacy of providing medical care for the aging population in our community over the past century. This history began in the early 1900s, with the 22 bed Boardman Valley Hospital which closed when the county opened Grand Traverse Medical Care Facility (GTMCF) built in 1959. At the dedication of GTMCF, John Gambatto, assistant administrator of the state department of social welfare stated "The poor house has gone over the hill in Grand Traverse County. 'Tis a great privilege to live in Michigan; it is a greater privilege to live in the Grand Traverse area." This became even truer with the opening of the current Grand Traverse Pavilions campus established in 1998.

Now in its twentieth year, the Pavilions provides a Continuum of Care for aging adults including a 39 suite rehabilitation center, an assisted living facility for 78 residents, adult day and overnight respite care, fitness and wellness programs, and a long-term skilled nursing care

facility for up to 240 residents. The Pavilions, owned by Grand Traverse County, is a self-sustaining care community providing more than \$4 million each year in charity care to members of our community through unreimbursed medical expenses and funding support for those who do not have financial resources for their care.

A special celebration is planned, starting during National Nursing Home Week May 13-20, which will culminate the first week of June. The goal is to have the new Pavilions Plaza and fountain completed by June 7 to hold a special rededication ceremony for the Pavilions. The celebration will also be enhanced with the kick off of the 2018 Concerts on the Lawn season to immediately follow the rededication of the Pavilions. "The idea of incorporating a healing garden, including a fountain, in the front circle for the Grand Traverse Pavilions was part of the original building plans," says Deborah Allen,

Executive Director of the Grand Traverse Pavilions Foundation. "Over the past twenty years since the Pavilions opened its doors, designated donations to the Healing Garden Fund have been assigned for the future creation of a fountain feature at the entrance of our campus. Funds collected to date will now allow us to turn the front circle into a place of beauty and reflection for our residents and community to enjoy."

This concept of incorporating beauty in healing is not a new philosophy; it was the mantra of Dr. James Decker Munson the founding Medical Superintendent of the Northern Michigan Asylum, and the historical campus of where the Grand Traverse Pavilions was constructed in 1998. In fact, this concept of compassionate care was echoed in the Eden Alternative which is a philosophy that asserts that no matter how

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The Fountain is expected to be completed by early June.

20 Years of Grand Traverse Pavilions



Kory Hansen circa late 90's

In 1998 the Grand Traverse Medical Care Facility moved from its original building adjacent to Munson Hospital and built in 1959 to become Grand Traverse Pavilions. The residents, and the community, celebrated the opening of this new, state-of-the-art health care facility paid for by a 20 year millage supported by Grand Traverse County residents. When it opened 180 residents moved from the old building to the new; today, the Pavilions is home to over 330 residents.

In the last twenty years, the Pavilions has added to its Continuum of Care, with the Cottages: Assisted and Independent Living, our Adult Day and Overnight Respite Services, The Wellness Center, and our Rehab unit. Every addition, every

decision, has been focused on our mission of providing accessible, trusted, and compassionate care that enhances quality of life for aging adults. Our vision is to be the region's trusted partner and recognized leader for successful aging services. It's why the Pavilions was built; it's why we made the decision to champion bringing PACE—The Program for All-Inclusive Care for the Elderly to northern Michigan; and why we will continue to look for ways to be an advocate and leader in services for our aging adults.

In 1998 Grand Traverse Medical Care Facility was the 17th largest employer in Grand Traverse County with 290 employees and today we are in the top ten with almost 450 employees. I am privileged to be one of 35 employees here since the doors of Grand Traverse Pavilions opened twenty years ago, and still with the organization today. The longevity of our employees demonstrates their ongoing commitment and dedication to providing the best possible care to our valued residents each and every day.

We are thankful for the continued support of the community and excited to build a lasting vision for the future of the Grand Traverse Pavilions.

Kory Hansen, Administrator/CEO

Thank you to the following current employees who have been here since Grand Traverse Pavilions started in 1998:

- | | |
|-------------------|--|
| Cynthia Anderson | Darlene Miller |
| Peggy Baranski | Samantha Neahr |
| Angela Brown | Cynthia Pobuda |
| Linda Burton | Barbara Prentice |
| Shelly Coddington | Lisa Reynolds |
| Connie Corcoran | Elizabeth Riffle |
| Denise Councilor | Wesley Sanford |
| Tamralee Crowley | Rebecca Spaulding |
| Leslie Etienne | Donita Stokes |
| Rhonda Gillespie | Kimberly Symons |
| Carol Gordon | Tracy Thompson |
| Kory Hansen | Andrea Tiffany |
| Nancy Hardy | Gayle Watson-Soop |
| Jennifer Johnson | Cynthia Weber |
| Amy Lambert | Michelle Wilkes |
| Tina Larsen | <i>Three additional employees asked not to be named.</i> |
| Lynn Micketti | |



Grand Traverse Pavilions residents, staff, and daycare kids take a group photo with then CEO Richard E. Marion, Jr. in 1999.

20th Anniversary Celebration

Continued from p. 1

old we are or what challenges we live with, life is about continuing to grow. The three plagues of loneliness, helplessness, and boredom account for the bulk of suffering among our Elders. An Elder-centered community commits to creating a Human Habitat where life revolves around close and continuing contact with people of all ages and abilities, as well as plants and animals. It is these relationships that provide the young and old alike with a pathway to a life worth living.



The Pavilions campus hosts many benches and picnic tables that can be dedicated to memorialize a loved one or honor a care giver.

Memorial & Naming Opportunity	Gift Level Options	Lines/Characters
4" by 8" Engraved Brick in Pavilions Plaza	\$100	2 lines of 15 characters each
8" by 8" Engraved Brick in Pavilions Plaza	\$250	4 lines of 15 characters each
Living Memorial (Tree or planting)	\$500	3 Lines of 20 characters each
Park Bench	\$1000	3 Lines of 20 characters each
Picnic Table	\$2500	3 Lines of 20 characters each
Courtyard	\$5000	A personalized plaque

In honor of the 20th anniversary and as part of the 2018 Beautification plan as a gateway for healing, the Grand Traverse Pavilions Foundation has announced the opportunity to give a lasting memorial or tribute to a loved one here on the 28-acre Pavilions campus. "We wanted to offer family members a tangible way to memorialize their loved one while also enhancing the environment of comfort and healing for future generations," says Deborah Allen, Executive Director of the Grand Traverse Pavilions Foundation. "In addition to the brick pavers in the new Pavilions Plaza and Healing Gardens being installed this spring, we have trees, benches, and picnic tables throughout our campus that can be dedicated in tribute."

Memorials will be marked with a plaque naming the individual for whom the donation is in honor of. In addition to the pavers, trees, benches and picnic tables, families can

consider sponsoring an entire courtyard. This generous support would allow the Pavilions to update the resident courtyards more frequently, swapping out plantings and maintaining the beauty of these oases of nature in our facility.

"We have worked hard to be good stewards of the Pavilions property and to properly care for the investment the Grand Traverse County residents have made," says Kory Hansen, Administrator/CEO of the Pavilions. "These gifts will allow us to maintain our campus, keeping it as the jewel it is for the community and for the generations to come."

For more information on memorial or honorary giving opportunities please contact Deborah Allen, Foundation Executive Director at 231-932-3018. You can purchase a memorial or tribute gift through our beautification campaign at www.gtpavilions.org/beautification.

A Shout Out

Thank you to the many groups and individuals who provided holiday cheer to our residents. We recorded 1130 volunteer hours in December and 758 of those were church, school or civic groups who came to carol, perform, or participate in other activities.

The national value of a volunteer hour is set at \$24.14, making 2017's 11,247 volunteer hours equal to a gift of about \$271,500! If you or your group are interested in volunteering at Grand Traverse Pavilions, please call us at (231) 932-3018.



Students from West Senior High sing to the residents at the Cottages.

20 Years of Giving ... Back

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Legacy is a publication of the Grand Traverse Pavilions Foundation. If you no longer wish to receive mail from us or to change your contact information please contact Jessi at jweir@gtpavilions.org or call (231) 932-3018.

We would also love to add you to our email list. Please share your email with us so we can keep you better informed of what's happening here at Grand Traverse Pavilions.



Grand Traverse Pavilions
FOUNDATION

1000 Pavilions Circle
Traverse City, MI 49684
(231) 932-3018

Whenever an organization celebrates a milestone it is an opportunity to pause and reflect. This year the Grand Traverse Pavilions celebrates its 20th year of serving the aging adult population of the Grand Traverse region. It is actually just one Chapter in a book that dates back to the early 1900's when the Boardman Valley Hospital served the region's indigent and infirmed as the county poor farm. Today the Grand Traverse Pavilions is hailed as the premier continuum of care for our aging community. The recent **earning of the Joint Commission's Gold Seal of Approval® for Nursing Care Center Accreditation, Post-Acute Care Certification, and Memory Care Certification** is just one example of how the Pavilions has distinguished itself from other adult care providers.

The Grand Traverse Pavilions Foundation was established at the same time as the Pavilions with its sole Mission of **"cultivating constituent relationships that support the initiatives of Grand Traverse Pavilions and assure its viability for future generations."** As the Board President of the Pavilions Foundation I am proud to say that twenty years after the Foundation's creation we are still diligently working to achieve the values set forth in our initial mission.

Our goals today are certainly focused on how we can best support the adult aging services for future generations through the endowments established for benevolent support of those less fortunate, to establishing new programs and services to enhance the wellness and quality of life of our residents and their family or caregivers.

A perfect example is how the Pavilions is a driving force to educate the community about the pending needs, or dare I say demands, that our local aging population will require in the next 20 – 50 years.

Our area's aging population will continue to grow over the next 30 years as the baby boomers age out. As a retirement destination, our share of adults over 65 is predicted to be at the higher end of the national average.



Dennis Prout, CFP®, RMA,
Master Elite Advisor

Every day in my professional capacity as a Certified Retirement Consultant I talk with individuals, couples and families about their dreams, plans, and goals for successfully aging. I commend the Grand Traverse Pavilions for visioning and exploring best practices for providing care for the aging segment of our local population. We should

all be grateful to have the Pavilions as a resource for our community. The Pavilions' effort to bring the Program of All-Inclusive Care for the Elderly PACE to our region is just another example of their commitment to providing a continuum of care. After all, the one thing that almost every aging adult would agree on is that they want to maintain their independence and quality of life for as long as they are able, and staying in their own home is a huge component of that equation. PACE is a national program that is designed to support this goal, but like many worthy projects in our community it needs financial help to become a reality.

We have never been closer to launching PACE and in this special Anniversary Year for the Pavilions I hope you will join us in our efforts to raise the final \$1 million needed to complete our \$3 million capital campaign to support the renovations and initial-start-up costs necessary to open the PACE Center doors to care for the most frail and elderly in our region... and achieve the timeless and historical objective of the Grand Traverse Pavilions **to enhance the quality of life for our adult aging population.** Which frankly, if we are fortunate to live a long and fruitful life, we may all benefit from someday!

How can I support PACE?

Donate towards the PACE Capital Campaign using the enclosed envelope.

Get educated on PACE by visiting the Grand Traverse Pavilions website.

Contact Deb Allen, the Executive Director of the Grand Traverse Pavilions Foundation at (231) 932-3018.

Get Ready for LIFE Coming This Fall

The Grand Traverse Pavilions Foundation is excited to announce the details of their annual fundraiser tied directly to the Pavilions' mission "to provide accessible, trusted and compassionate care that enhances quality of life for aging adults." As an advocate for the aging adults in our community the Pavilions is preparing for the silver tsunami of 10,000 baby-boomers turning 65 every day in our country. In Grand Traverse County 20% of the population will be over the age of 65 by 2020, and in our neighboring Leelanau County, one of the fastest aging in the state, nearly 33% of the county's population is already over the age of 65. The one thing that most aging adults have in common is that they want to remain a healthy quality of life well into their retirement years.

The Grand Traverse Pavilions Foundation will host The Grand Event: LIFE based on the Hasbro's The Game of LIFE®, which most baby-boomers remember fondly from their childhood. This ticketed event will allow participants to play the game with a chance to win a grand prize of \$1,000 from Grand LIFE Event Sponsor PNC Bank. The game will feature various local

The
GRAND
EVENT



business sponsors offering thousands of dollars' worth of amazing prizes to the participants.

"Each participant will play the Game of LIFE and have the opportunity to win great prizes," says Deborah Allen, Executive Director of the Grand Traverse Pavilions Foundation. "The Game of LIFE fits so well into our vision of successful aging. Players strive to navigate through "LIFE" with the end goal to achieve a happy and healthy retirement. Funds raised from the event will be utilized to support Grand Traverse Pavilions special projects to ensure area seniors have the ability to age with grace, independence and a sustained quality of life."

The Grand Event is held each year the Saturday prior to Grandparents Day, the only National Holiday established to honor our elders. This year's event will be held at the Grand Traverse

Resort on Saturday, September 8, 2018 starting at 7 pm.

"The Grand Event: LIFE is a unique opportunity to engage the community and area businesses while supporting and honoring our elders," says Allen. "We expect it to be a fun evening for

all, with great opportunities for some amazing prizes, while supporting programs for our areas elders." Adults are encouraged to form teams and play LIFE to support a worthy social charity whose mission is to care for the needs of our region's aging adults.

Individual tickets to participate in the Grand Event start at \$100. Sponsorships levels start at \$250 and up. Sponsors of the event garner great exposure to hundreds of local residents, supporters and participants.

Interested sponsors can reach out to the Grand Traverse Pavilions Foundation for more information at (231) 932-3018 or email Jessi at jweir@gtpavilions.org.

**Special permission to use the Game of Life trademark was granted from Hasbro, Inc.*



Caption: Ninety-eight nonagenarians pose for a group photo at the 2017 90 Over 90 Brunch.

Grand Traverse Pavilions to Sponsor Senior Center's "90 over 90" Brunch

Join us and the Grand Traverse Senior Center as we celebrate the lives of those who helped shape our community and continue to make the Grand Traverse Region a vibrant place to live, work, and play. Hear stories, see pictures, and enjoy brunch all with a view of the bay. Help us honor the special individuals who have made our community what it is today.

The "90 Over 90" Brunch will be held at the Hagerty Center in Traverse City on Friday, May 4, 10 a.m. Tickets are FREE for those 90+, \$15 for all others and will be available beginning Monday, March 5. Call the Grand Traverse County Senior Center Network for more information at 231-922-4911. Deadline to pick up or purchase tickets is Friday, April 27.

Employees in the News

The Grand Traverse Pavilions Foundation is pleased to announce the recipients of the Employee Scholarship Awards made possible through contributions to the Employee Education Fund. Bravo to Administrative Secretary Emily Ball, Assistant Director of Nursing Roxanne Bott, and Administrative Secretary Mersadies Lovano who each received \$600 to be used towards tuition and expenses for Fall semester.

Best Wishes to Minda Dewilder, who retired from Grand Traverse Pavilions in October after serving 20 years!

Grand Traverse Pavilions would like to recognize and congratulate Connie Corcoran (CNA), Janet Coutts (Housekeeper), Ashley Crawford (Universal Worker), Jennifer Gallagher (CNA), Lisa Henman (Universal Worker), Gretchen Limbocker (Housekeeper), Tara Send (RN), Rhonda Tomlinson (CNA), Jim Wakefield (Housekeeper), and Cody Webster (RN) for achieving perfect attendance for an entire year! This incredible accomplishment demonstrates an amazing level of commitment, loyalty, and dedication. With heartfelt appreciation for their outstanding efforts, each of them received a \$100 award.

Congratulations to McKenzie Tompkins, Environmental Services Manager, on his successful completion of the Building Operator Certification (BOC) Level 1 training. Subsidized by a rebate from DTE Energy, this certification focuses on teaching building operators practical, efficient solutions to maintaining our building and grounds. Research shows that BOC credential-holders consistently save money and energy in their facilities – up to \$20,000 a year – thanks to energy conservation projects, air quality improvements and other initiatives. In his position as Environmental Services Manager, McKenzie focuses on being a good steward of our facilities and the environment.

Casual for a Cause

Thank you to all Pavilions employees who are participating in the “Casual for a Cause” program. For a small contribution, participants receive a special button to wear on Casual Fridays throughout the year. All proceeds from the program will be donated to the Gwen Rauch Employee Cancer Fund.

Pavilions to Sponsor Lifetime Leadership Award

The Grand Traverse Pavilions is proud to once again sponsor the Senior Activities at the National Cherry Festival, including the Lifetime Leadership Award. Awarded to an individual that has provided decades of leadership, volunteerism and service to their community, the award will be given out during the Lifetime Leadership Breakfast on July 2.



If you know of a community role model, aged 65 or older, who is a resident of Antrim, Benzie, Grand Traverse, Kalkaska, Leelanau, or Wexford counties, please consider nominating them for this honor.

Nominations are open and will be accepted through June 1. More information can be found on gtpavilions.org or at the National Cherry Festival website at cherryfestival.org.

A Million Thanks

Thank you to everyone who donated and supported our participation in the *SwingShift and the Stars* Million Dollar Challenge where we came in a respectable 4th place! Thank you also to Schmuckal Oil Mini-Marts for their sponsorship of this year's event. A special thank you goes out to Mrs. Evelyn Richardson who once again showed her amazing dedication to our organization by dancing for us. Her dedication to the elders in our community is greatly appreciated!

Pictured at right: Judy Harrison, Becky Osborne, Deborah Allen, Evelyn Richardson, Kory Hansen and Sherry Galbraith.



2018 Concerts on the Lawn Line-up and Sponsorship

Grand Traverse Pavilions and Title Sponsor Serra Subaru of Traverse City are pleased to announce the artists slated to perform in its summer Concerts on the Lawn series. This year's outdoor music series will feature a 13-week consecutive line-up. Concerts are on Thursday evenings at 7 PM and include a wide variety of musical genres.

The series will start June 7 with returning artist Dominic Fortuna who last performed in 2015. Fortuna will be followed by a slew of return performances including the Gordon Lightfoot Tribute on June 14, Grand Traverse Pipes and Drums on June 21, and Peter, Paul, and Mary Remembered on June 28. The Pavilions will once again sponsor the National Cherry Festival Senior Events and Song of the Lakes will perform on July 5 during the festival.

"We are really anticipating a lot of excitement for the return of the Petoskey Steel Drum Band," says Allen. "They are always a lot of fun and we are happy to bring them back to Traverse City." They are on the schedule for July 12.

The second half of the season will continue with ReBooted on July 19, followed by returning artist the neXus Band, Miriam Pico, Bay Area Big Band, the Dan Fogelberg Tribute, The concert series will wrap up with the K. Jones and the Benzie Playboys, and The Backroom Gang.



Held on the Grand Lawn of the Grand Traverse Pavilions Campus, the outdoor concerts are family friendly and free to the public. Guests are encouraged to bring their own chairs or blankets for the hour long performance. Concessions open at 5:30 PM, offer a picnic style dinner menu, and for dessert Moomer's ice cream is available. "It's a great, family friendly event for our independent, assisted living, short and long-term care residents along with their families," says Kory Hansen, Pavilions CEO/Administrator. "We are proud to share this amazing space, and an exceptional line-up of regional artists with the entire community."

For two years in a row Serra Subaru of Traverse City has signed to be the series Title Sponsor. Mike McFarlan, General Manager of Serra Subaru of Traverse City shared "Subaru has a proud history of supporting local charities and family friendly community based events. We enjoyed the opportunity last year to show our

appreciation for our customers and our community by supporting this free summer concert series. We are grateful to be returning and hope everyone will come out to enjoy an evening of free music and togetherness, which is core to Subaru's values."

Serra Subaru joins returning media sponsors Midwestern Broadcasting and the Record Eagle newspaper. Sponsorship opportunities are still available to interested local businesses.

"We are looking forward to this season," says Allen. "In addition to our sponsors, we've received support again from the Michigan Council of the Arts to help pay for the artists. Our sponsors help cover the costs of musician fees and promotional costs so that we can provide this multi-generational celebration of music for our residents, their families and the community. We simply could not continue to offer this free series if not for our committed sponsors, many of which return year after year."

Proceeds and good-will donations received during the concerts will go to the Grand Traverse Pavilions Foundation to support Pavilions funding priorities such as the Power of PACE Capital Campaign.

For a full listing of concert dates go to www.gtpavilions.org/2018-concerts-on-the-lawn. Like us on Facebook at www.facebook.com/grandtraversepavilions to keep up with the latest events at Grand Traverse Pavilions.





Grand Traverse Pavilions FOUNDATION

1000 Pavilions Circle, Traverse City, MI 49684

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Are you over 70½?

Individuals over 70 and a half years of age can make a charitable rollover gift from their individual retirement account (IRA). Your gift will count toward the required minimum distribution and will not be taxed. Please consider this opportunity to support programs and services for less fortunate elderly in our community by contacting the Grand Traverse Pavilions Foundation at (231) 932-3018.

Do You Have the Time?

Remember when everyone had a watch? When asking the question “Do you have the time?” meant someone pushing up their shirt sleeve rather than digging out their cell phone? People under the age of 30 don’t remember a time when cell phones weren’t commonly used. Many of our residents remember when having one phone in your house was a luxury! They know what a party line is, or a rotary dial.



If you want to learn about history, or just want to get to know some amazing people, consider volunteering at Grand Traverse Pavilions. Volunteering with the residents here can be a truly rewarding experience. Open positions include helping with Bingo, Crafts, Activities, and assisting with Outings! We are always interested in volunteers willing to share their talents, from music to art to just good old conversation, and time with us. Time commitment is flexible and minimal, from as few as 1-2 hours a month. Visit www.gtpavilions.org/volunteer-opportunities to find out more!



You can benefit a lot from someone who has been on this planet for 70, 80, 90 or 100 years and they just might learn something from you!

