

# Legacy

Investing Today to Impact Tomorrow

Fall 2016

## Celebrating Champion Trustee – Clara McManus

*“Life is about discovering who we are; leading is about striving to become better than we are, and helping everything and everyone around us to become better too.”*

*Author unknown*

Everyone and everything that Mrs. Clara McManus has touched has been made better for that knowing. A passionate caregiver, fundraiser, philanthropist, community leader and committed Grand Traverse Pavilions Legacy, she has served as Board Trustee on the Pavilions Foundation and has been a driving force in the development of the Grand Traverse Pavilions.

Mrs. McManus with her husband George McManus serve today as Honorary Chairs for the campaign to bring PACE, Program of All-inclusive care for the Elderly to the region.

Her commitment to the work of the Pavilions began after watching her Father move through what she describes as “excellent care” at the Medical Care Facility while battling Parkinson’s. Soon after his passing she learned that the facility was eroding physically and required a millage to rebuild. Her advocacy and drive was a huge part of the overwhelming success in passing a 20 year millage that meant construction and the opening of Grand Traverse Pavilions in 1998.

During construction she engaged friends, educated a community, organized and conducted many group tours raising awareness of the Pavilions mission regionally. The McManus’ made a \$50,000 gift to support areas not covered by the millage that would provide comfort and greater joy to residents - such as bird sanctuaries and physical therapy space. She challenged her friends and community and succeeded in bringing in eight matching gifts and in building a giving group, the Clara McManus & Friends Endowment



Clara and George McManus

Fund that continues to support the Pavilions, every year, forever.

Through it all she never lost sight of her commitment to care for Medicare and Medicaid individuals respectfully and with the full benefit and loving care afforded to everyone that needs care in our region.

Her experience and expertise in fund raising and service to community is strong and lengthy. In the early 1980s Mrs. McManus was appointed to the MI 4-H Foundation; she successfully raised resources to purchase four vans to shuttle 4-H kids regionally so that they could participate; she developed programs and supported the Kuttunen Center Foundation of Wexford County arranging delivery of food to families in the region through her contacts with the farming community; received a statewide political appointment by

Governor Blanchard to the Michigan Agricultural Marketing and Bargaining Board to represent the northern Michigan Agricultural/Fruit Industry. The McManus’ have also been a driving force in supporting St. Francis Church, St. Francis School, and St. Joseph’s Church. At 85, Mrs. McManus grows and helps to harvest fresh vegetables for the Food Rescue to distribute. At this writing a beautiful crop of cabbage and summer squash is on its way to warm tables throughout the region.

Mrs. and Senator McManus were blessed with 10 children, they raised 9 - losing baby Rosemary at birth - have the joy of 23 grandchildren and 25 great grandchildren - with 26 on the way. They raised their children to understand the value of hard work, of faith and joy. They raised community leaders who earned their own way and learned farming, business and family values. When Senator McManus was involved with his duties in Lansing, Mrs. McManus raised their family, ran the family farming business, and yet still found time to donate herself and her passion to the Pavilions and to her community.

When asked what drives her powerful force, Mrs. McManus’ very clear answer is – George, family and faith. Her Mother, Ellen Courtaide, was a devout Catholic graduating from St. Francis as Valedictorian in 1923. Mrs. McManus found her faith through her Mother and learned early that charity, strength, and giving to charity would be rewarded tenfold. As the McManus’ were raising their family they gave to causes that they really couldn’t afford. They agree it always came back 10 fold, through good luck, a good cherry crop, or some other gift. As Mrs. McManus became more involved in community she prayed and relied on the Holy Spirit for guidance. She lives by and quotes the passage from James “Faith without good works is dead.”

*Continued on p. 3*

# An Update from our Administrator/CEO



Kory Hansen

With another summer drawing to a close, it seems like a good time to reflect on the accomplishments of our dedicated staff here at Grand Traverse Pavilions. Grand Traverse Pavilions achieved a five-star rating for the health inspection

component from the Centers for Medicare and Medicaid Services (CMS) Five-Star rating system, which is achieved by having a low number, and severity, of deficiencies over a three-year period. The rating system, found at Medicare.com/Nursing Home Compare, is based on three (3) criteria: health inspections, quality measures and direct-care staffing. The Pavilions continues to maintain an Overall rating of five-stars in addition to the individual components of direct-care staffing and now health inspections. Currently, our quality measure rating is at 4 stars, well above average. The highest rating of five stars is a tribute to all staff who gives all of themselves to create a quality experience of care and compassion for our residents.

An amazing 66 employees celebrated "Milestone Anniversaries" this year. Employee Cindy Weber was recognized by the statewide industry association, Leading Age Michigan (LAM), with their Caring Spirit Award, one of four given in the state. She also celebrated 35 years as a Grand Traverse Pavilions Employee this year.

LAM also recognized Grand Traverse Pavilions Foundation Board Trustee Evelyn Richardson, who was named Trustee of the Year. She went above and beyond in 2015, agreeing to take part in SwingShift and the Stars as the celebrity dancer raising funds for PACE, the Program of All-inclusive Care for the Elderly. She helped to raise a record breaking \$155,472. We added two new board members this year as well, Jerry Worden, COO/CEO of Indigo Health, and Deb Jackson, a long-time supporter of the Pavilions with experience in health care marketing.

And as this issue of Legacy goes to press, we will have finished our biggest Concert on the Lawn Series yet, with 15 concerts generating over \$75,000 that will go to support the Grand Traverse Pavilions Foundation in its efforts to bring PACE to northern Michigan, moving us that much closer to our goal of expanding our continuum of care.

Concerts on the Lawn and Cherry Festival Events have allowed us to bring joy to our family of residents and to engage tens of thousands of community members with the message and the beauty of the Pavilions.



the power of  
**pace**

A capital campaign to potentially bring PACE to northern Michigan.



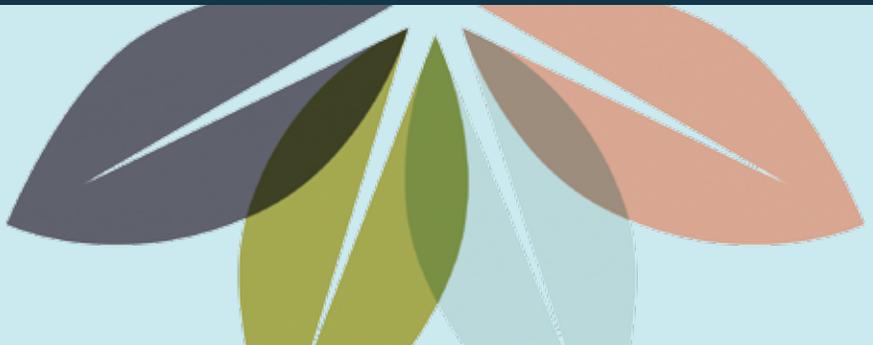
"The objective of PACE is to enable individuals to live independently in the community and with a high quality of life."

— Dana Mukamel, Ph.D.  
PACE, Southeast Michigan

**PACE**  
Program of All-inclusive Care for the Elderly

LIVE SAFELY IN YOUR HOME.  
SPEND YOUR DAY IN COMMUNITY.  
RECEIVE COMPREHENSIVE MEDICAL CARE.

**Grand Traverse Pavilions**  
FOUNDATION



# Clara McManus

## What is PACE?

Program of All-inclusive Care for the Elderly

We all want the best care for our aging loved one, but getting that care can be frustrating. If you have an aging loved one, you know what it's like to drive your loved one from appointment to appointment; to manage all of their medications; to deal with doctors who don't talk to one another; and you struggle with leaving your loved one at home, alone and without the supervision, company and interaction they want and need. PACE is a different kind of care

It doesn't have to be this way. Thousands of families across America have found a different and better kind of care for their aging loved ones - PACE. And what these PACE families have experienced is a program that provides and coordinates all the types of care your loved one needs, so you don't have to place them in a nursing home. This care includes:

- Medical care
- Personal care
- Rehabilitation
- Social interaction
- Medications
- And even transportation

**All in one place so your loved one can live at home.  
PACE is care that revolves around you.**

-  **PACE** programs coordinate and provide all needed preventive, primary, acute and long term care services so that older individuals can continue living in the community.
-  **PACE** is an innovative model that enables individuals who are 55 years old or older and certified by their state to need nursing home care to live as independently as possible.
-  Through **PACE**, today's fragmented health care financing and delivery system comes together to serve the unique needs of each individual in a way that makes sense to the frail elderly, their informal caregivers, health care providers and policy makers.

**You can help! Use the enclosed envelope  
to support PACE or the works of the  
Grand Traverse Pavilions Foundation!**

Mrs. McManus is strong, driven, determined and valued beyond measure. She embodies what it means to be a true Legacy - learning from the past, living fully in the present and building a future for her family and her community. She has shared her compassion - her joy, love, faith and resources through decades of giving. She continues that Legacy by supporting the Grand Traverse Pavilions drive to bring PACE to this region.

When Clara McManus talks about her family and about the work that she has given, there is an intensity in her eyes that is mixed with a deep and gentle wisdom. She has been a gift to the Pavilions since its inception and every day moving forward. Her focused commitment to bringing PACE to northern Michigan is the power that we need to make it so.

Thank you Mrs. Clara McManus for all that you have done. Thank you for all that you continue to do. Thank you for changing our world and making it better and more beautiful.

*"The McManus's legacy with the Grand Traverse Pavilions is undoubtedly long and proud. We are honored that Clara and George continue to lend their leadership, and their personal support to caring for the frail and aging adults of our community. Clara currently serves as Honorary Co-Chair of our PACE Campaign, along with Agnes Hayden; two wonderfully respected and adored women in our community."*

**Deborah Allen, Grand Traverse Pavilions  
Foundation Executive Director**

*"I commend George and Clara for their financial commitment to the PACE Campaign, their leadership by example is admirable. It is also noteworthy that their gift is what we call a "blended gift" of appreciated stock along with a personal cash gift. This is important for potential donors to realize that there are opportunities to maximize your giving potential if in addition to cash gifts you consider your IRA distribution, appreciated stock and/or stock dividends, as potential charitable gifts ~ which also may help to reduce your annual tax liability. This is where a financial planner or tax advisor can be extremely helpful."*

**Dennis Prout, President of the GTP Foundation  
Board, and Principal at Prout Financial Design**

# Required Minimum Distributions & IRA's

## Grand Traverse Pavilions Foundation Board of Trustees

Dennis Prout, President

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Foundation Executive Director

Deborah Allen

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Mary Pat Randall, Vice-Chair

Mary Marois

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If you have a change in your name, address or phone number, please forward this information as well. Acknowledge if you do not wish to be recognized as a donor. Your e-mail contact would be appreciated.



Grand Traverse Pavilions  
FOUNDATION

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(231) 943-2601

## Your Opportunity to Give in the Most Tax-Efficient Way Possible

Most of you are aware of the fact that distributions you must take after age 70½ from your IRA are 100% taxable. Still, many of my clients ask for clarification. Yesterday, for example, one client asked, "So what you're saying, Dennis, is that when I take my RMDs I'll have to pay tax on all of it?" For this client, the answer was not only "yes," but at his particular Federal tax bracket level, he'll have to pay state income tax on that distribution as well!

So what are your options? First, it's important to remember why you set these tax-deferred retirement plans up in the first place: 1) Obviously, to save for the future; and 2) to avoid being taxed on some of your income while you were in a supposedly higher income tax bracket when you were younger. For most of you, lower tax brackets never happened because the children moved out (hopefully) and you paid off the mortgage. You may now, however, find yourself in the same or higher bracket than you were as you were deferring funds into your retirement account. An old axiom states that if you don't pay taxes today, you'll be stuck with the government plan tomorrow.

In the meantime, for those who are over 70½ and would like to give to your charity of choice, the Qualified Charitable Distribution (QCD) comes to the rescue. Made permanent through the Consolidated Appropriations Act of 2016, the QCD rule is an easy and very tax-efficient way give up to \$100,000 per year directly to charity via the RMD through your IRA, 403(b) or other retirement account. You are not limited to your annual RMD, you can give up to \$100,000 per year. The benefit? For income tax purposes, the income is not



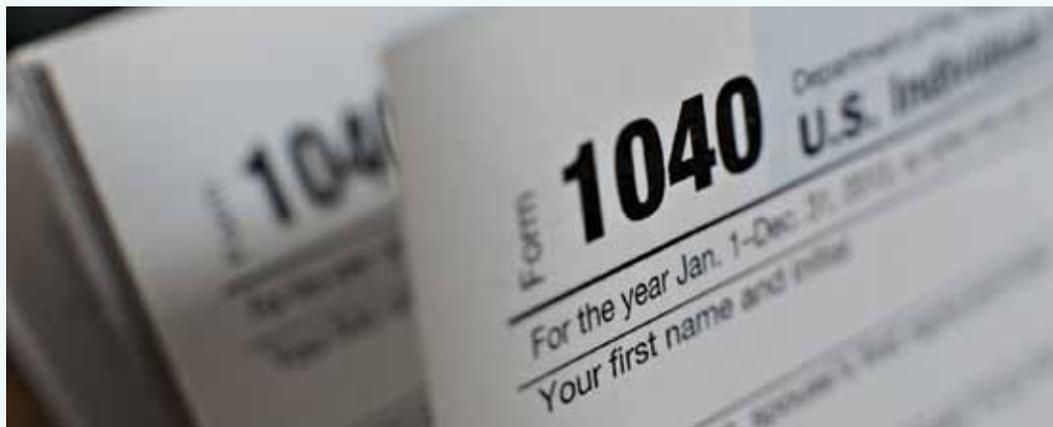
Dennis Prout, CFP®, RMA,  
Master Elite Advisor

included in your total taxable income and thus has the potential to save approximately 5%-10% more than you would writing the check yourself to that charity. All it takes is completing a simple form from the IRA custodian. Remember, though, that because this donation is not considered as income, any amount you give is not deductible for income tax purposes. We have seen clients

give a minimum of \$500 to much greater sums depending on their personal situation.

If you have any questions regarding the QCD rule, the beneficiary form, its provisions or your options in this process, I encourage you to contact your own financial advisor or tax consultant to determine the best strategy for your situation. If you have questions, you can speak with us here at Prout Financial Design or reach out to the Pavilions. Please contact Deb Allen at (231) 943-2601.

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# Volunteer Champion Ms. Erin Hanks

Volunteers  
make the day  
and our world  
more wonderful  
and beautiful.

Erin Hanks is the gold standard of volunteers. Dedicated, generous, kind spirited with a ready and winning smile, she is a 27 year volunteer veteran for the Grand Traverse Pavilions. She began her commitment to our family of residents by helping with wheelchair bowling as a teenager after school at the then Grand Traverse Medical Care Facility in 1990. Her Mother, Penny Hanks, Residential Services Director at GTP and gold standard in her own right, drew her in by simply letting her know that people needed her. Bowling was followed by popcorn in the hall and managing the book cart. She says she learned quickly that people need a personal connection every day, someone to shoot the breeze with and genuinely acknowledge them. The book cart was also her tool toward helping with the transition to the new building in 1998 when Grand Traverse Pavilions opened. It allowed her that touch point that helped to calm residents through any anxiety or discomfort with the move.



Erin Hanks

The list of her service to the Pavilions is lengthy but includes caring for residents through field trips to the zoo, the Cherry Festival, the Pow Wow and the sand dunes - any opportunity to get to out in fresh air. She shared that outing attendees would light up, tell stories about when they were children and make new memories. She volunteered for the Medieval Fair and Feast, the Renaissance Fair, helped the marketing department administratively, and worked the Concert on the Lawn series since it began. She ran the gift shop at the main building, and continues that service in its new location at Hawthorn Cottage. The residents visit her often there and have become family to her.

Her philosophy and drive is to love, support and respect our older generation. She is motivated by the smiles she receives, the light in their eyes during conversation and the joy. She is grateful to be a part of their lives.

“Erin is an old soul. She has always felt a little out of sync with her peers,” her proud mother Penny Hanks shares. “Volunteering at the Pavilions has given her opportunities to connect and share with seniors. The residents look forward to seeing Erin every day and catching up on world events, good books and last night’s final Jeopardy question”.

Erin works really hard every day to help make lives better. She challenges each and every one of you to become a volunteer; even an

hour a day makes a difference in a life of happiness for you and for those you would serve.

Erin is proof of goodness and hard work. She shines in every way toward making the community happy.

Thank you, Erin, for being wonderful. Thank you for being a superhero in the lives of so many at the Pavilions just by being beautiful you.

*If you would like to be a volunteer superhero like Erin, we have a place for you here at Grand Traverse Pavilions. Visit our website to learn about how you can be a volunteer superhero or call us at (231) 943-2601 to find out more.*

## Funding Update

We are excited to share that over the past nine months the Grand Traverse Pavilions Foundation has submitted grant requests in support of both the Capital Campaign for PACE - Program of All-inclusive Care for the Elderly in northern Michigan, and programs and services to benefit residents of the Grand Traverse Pavilions. We have been very fortunate to have received \$296,340 in grant funding support this year, of which \$286,340 has been in specific support for PACE.

Additional funding is a pending award to Grand Traverse Pavilions to enhance the 2017 Concerts

on the Lawn summer concert series. There are numerous grant requests pending for potential future support from corporate organizations and local community and family foundations.

On behalf of the Grand Traverse Foundation Board of Directors, we wish to specifically thank the following Foundations that have made a significant contribution to our mission this year: The Art and Mary Schmuckal Family Foundation, the Hayden Foundation, the Michigan Health Endowment Fund, and the Art Van Charity Challenge. Additionally, we would also like to acknowledge

the significant previous grant support received from Traverse City - Rotary Charities, The Oleson Foundation, and many others, who have all helped our PACE Capital Campaign generate more than \$1.6 million toward the established \$3 million dollar goal to bring PACE to northern Michigan. For more information on how your business or family foundation can make a difference in the health and wellbeing of the aging in our community, please contact Deborah Allen, Foundation Executive Director at 231-943-2601 or email at [dallen@gtpavilions.org](mailto:dallen@gtpavilions.org)

# Resident Family Story

*PJ Ehalt sent a beautiful thank-you note to the Pavilions for the care provided to her father, Victor E. Johnson Jr. He was a Willow resident from October 2013 until his passing on June 10, 2016. We wanted to learn more.*

## **You spoke so lovingly of your father, Victor Johnson. Please tell us about him.**

My dad was a brilliant and beautiful gentleman who lived a productive and service-filled life. He was the man who always held the door for a lady. He was a lifelong Navy man, meticulous in all things, with a passion for computers, engineering and classical music. He read voraciously. He loved his wife, he loved his life, and he was hugely respectful of all people.

We missed some years together when I was a child and then, later in our lives as he aged, I became his caretaker - so I was the person who took everything away - his keys, his house, his independence. If you've been a caregiver you understand how difficult that is. When we made it to the Pavilions, it was a whole new loving relationship. His time at Willow gave us precious years of togetherness. Once we found Willow we found home.



## **How did you find the Pavilions?**

My husband and I were living and working full time in New York and building our retirement home in Suttons Bay. Dad suffered two strokes while living alone in Florida that left him vulnerable, in need of care and rehab and no longer able to live alone. I have worked over 30 years as a registered nurse, and the last 12 years as an MDS (minimum data set, a Medicare/Medicaid mandated process) coordinator, managing care for nursing home residents. I understood the process. I retired to manage our transition from New York to Michigan.

We must have visited 20 places in the region until I found the Pavilions. We went through the nursing home, which was wonderful; however, he really didn't need skilled care. And then it happened. When I walked into Willow Cottage for the first time, lunch was being served to happy people at tables with linen and flowers. There was joy and sunshine and caregivers who were energetic and engaged. We toured the day program and I could visualize him in a recliner watching a program with new friends. I was overwhelmed. I had finally found the home I had been searching for for my dad. The relief was immense.

## **In your letter you said that you are "deeply and profoundly grateful to the staff for their kind and considerate care." Can you tell us more about that?**

It started with the miracle of Penny Hanks, Residential Services Director. Penny and her team helped us navigate my dad's specific needs, including helping guide us through the Veterans Administration assistance process so that Dad could call Willow Cottage home. The process helped me love and appreciate the entire staff beyond description. Once there, Dad formed friendships, enjoyed programs, and built his own community.



PJ Ehalt and her father, Victor E. Johnson Jr.



Victor Johnson celebrates a birthday.

He had a special bond with Judy Sheffer, who was a joyful gift to the whole family because of her jubilant personalized care. He loved the kids, the singers, the exercise programs, the porch watching and even the cats. It was home.

When Dad started to decline I couldn't see it through my daughter's eyes or even my nurse's eyes - so they guided me. I was in a haze from stress and lack of sleep but they understood that I had a job to do and helped me do it. They gently suggested hospice and allowed me to hospice him and provide the meds. It was a great comfort - while being the hardest nursing job I have ever had. In the process they anticipated every need before we even knew that we needed it. Snacks, chairs, blankets, even quiet all appeared as needed. They were meticulous in their focus on caring for our family.

Not long before he passed he was agitated and I was exhausted. Together, with my head on his chest we calmed, found peace and rested.

Thank you. I wish that I could give all of the staff that cared for my dad and our family a million dollars!

I wish that there were more Cottages and more Pavilions so more families could tell this story. I can't give you those things but know that we are deeply and profoundly grateful.

# Celebration and Music

## Grand Traverse Pavilions Residents and Staff Participate in the National Cherry Festival

Grand Traverse Pavilions once again sponsored Senior Events for the National Cherry Festival. The week started with the Lifetime Leadership Breakfast on July 4, during which the 2016 Lifetime Leadership Award was given out. The award honors individuals for decades of leadership, volunteerism, and service to their community. Rev. Dr. Homer Nye took home the award for his work with Food Rescue of Northern Michigan, Safe Harbor, the Cowell Cancer Center, Traverse Area District Library, Habitat for Humanity and more.

The Heritage Parade returned to the line-up this year and the Pavilions was represented by 56 employees, family members, and residents riding in and walking with our bus.

The Intergenerational Picnic was hosted on our Grand Lawn, with 352 guests eating and celebrating with our family of residents. This year's event featured a bounce house, petting zoo, crafts, games, and a performance by the Northport Community Band.

The Concert on the Lawn featured nationally acclaimed local artists The Accidentals (below) with opener Nik Carman. The Grand Lawn was filled with an estimated 3,500 attendees, making it the best attended concert of the season. Overall it was a fun packed week for our residents, staff, and families!



Pavilions employees, family members, and residents in the National Cherry Festival Heritage Parade.



## Thank you for a successful Concerts on the Lawn series!

As summer ends and we close out another successful concert series, we would just like to thank everyone who helped make the series a success, especially those of you who volunteered your time to help. At our 15 concerts, we clocked over 2,200 volunteer hours, sold almost \$9,000 in ice cream, sold another \$30,000 in concessions, and took in over \$20,000 in donations for the Grand Traverse Pavilions Foundation. In addition to being a great fundraiser, the concerts are an opportunity to raise awareness in the community of the Pavilions and all we do here.





**Grand Traverse Pavilions**  
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Congratulations to the Rev. Dr. Homer Nye (pictured above with wife Becky Mang) on being named the 2016 Lifetime Leadership Award winner. See page 7 for more.



**Join us for "An Un-Common Evening"**  
**Saturday, October 8, 2016 at the Hagerty Center**

We may not have an Abbey, or have mastered a stiff upper lip,  
but we do have a sense of humor!

Celebrate the Grand Traverse Pavilions at the 2016 Gala  
"An Un-Common Evening."

This Royal Event is for a noble cause, to bring PACE,  
Program of All-inclusive Care for the Elderly to our region.

For information on reservations or sponsorship opportunities visit  
[gtpavilions.org/gala](http://gtpavilions.org/gala) or call 231.943.2601. Opportunities start at \$150.