

Legacy

Investing Today to Impact Tomorrow



“Spring is the air and with it comes a renewed sense of energy and hope.”

Gerard Bodalski, CEO

- ▶ **Expecting Extraordinary Things**
- ▶ **LeadingAge Mentor Award**
- ▶ **National Volunteer Month**
- ▶ **Pavilions Receives Gold**
- ▶ **A Tradition of Excellence**
- ▶ **2024 Concert Schedule**



A Grand Mission



The mission of the Grand Traverse Pavilions is to provide accessible, trusted and compassionate care that enhances quality of life for aging adults. As the region's first and only public nonprofit full-spectrum of care, the Pavilions features:

- Long-term Skilled Nursing Care
- Short-term Rehab
- The Wellness Center: Inpatient and Outpatient Therapy
- The Cottages: Independent and Assisted Living
- Overnight Respite



Among the top employers in Grand Traverse County with over 300 employees, The Pavilions injects more than \$30 million into the local economy making a significant economic impact in our community, while providing \$3.4 million worth of charitable care annually to some of the area's most vulnerable citizens.

With residents, participants, therapy patients, volunteers, and staff, Grand Traverse Pavilions is more than just a nursing home. It's a grand community of caring for generations.



Grand Traverse Pavilions

A COMMUNITY CARING FOR GENERATIONS

GTPavilions.org | 231.932.3000

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Legacy is a publication of the Grand Traverse Pavilions Foundation. If you no longer wish to receive mail from us or to change your contact information please contact Clayton Wagatha at crwagatha@gtpavilions.org or call (231) 932-3019.

We would also love to add you to our email list. Please share your email with us so we can keep you better informed of what's happening here at Grand Traverse Pavilions.



**Grand Traverse Pavilions
FOUNDATION**

1000 Pavilions Circle
Traverse City, MI 49684
(231) 932-3000

It's an honor to be a part of The Pavilions as we open a new chapter in our history.

Expecting **Extraordinary Things**



Gerard Bodalski, CEO

For more than 60 years the Grand Traverse Pavilions have served our community as the region's first and only public non-profit medical care facility. Our mission is to provide accessible, trusted and compassionate care that enhances the quality of life for aging adults. As we look into the future, I am

excited about our opportunities to make a positive difference in the lives of the people we serve. We are expecting extraordinary things.

Spring is the air and with it comes a renewed sense of energy and hope. At the start of 2024, The Pavilions received nearly \$11 million owed to us in federal and state reimbursements. This places our organization in a positive cash balance.

I am grateful to the residents and families who have continually expressed their loyalty and confidence in us. Our staff has demonstrated their ongoing commitment to caring for our community's elders. We celebrate you.

It's an honor to be a part of The Pavilions as we open a new chapter in our history. In the short time I have spent as the CEO, I have met many friendly and welcoming people. I'm happy to call Traverse City my home.

Now more than ever your donations and charitable support is needed and appreciated. If you are able, please consider a charitable contribution by visiting the Pavilions Foundation at <https://www.gtpavilions.org/donate/>.

As Thomas Jefferson said, "I like the dreams of the future better than the history of the past."



Outstanding Mentor Award



Tim Coggins, Environmental Services Director

This past fall our Environmental Services Director, Tim Coggins, was selected out of 50 nominees for the LeadingAge Outstanding Mentor Award! The award recognizes the efforts of an individual who has mentored a protégé(s) in the senior services field by nurturing and encouraging others and providing opportunities for personal and

professional growth. As Environmental Services Director for the Grand Traverse Pavilions, Tim is responsible for the upkeep and maintenance of the pastoral 23-acre campus, featuring several 19th century buildings and our main skilled nursing care facility that encompasses five wings and 130,854 square feet of residential, rehabilitation, therapy and outpatient services including a 92-degree therapy pool. He is also responsible for the systems, maintenance, custodial, central supply, housekeeping and laundry staff which support over 200 residents. Tim attended Lake Superior State University, earning degrees in both Mechanical Engineering and Automated Systems Engineering. Prior to coming to the Pavilions Tim spent fourteen years as an engineer at Cone Drive here in Traverse City, then became owner/operator of his own remodeling business for ten years.

Tim's knowledge of mechanical systems were expanded over the past 3 years during the pandemic as new technology was implemented to address infection control, facility access and heightened security for the campus, all while meeting the challenges associated with diminished staffing. In addition to these additional duties and challenges, Tim took the opportunity to advance the Environmental Services Administrative Secretary, Cati Kujawksi, to the position of Environmental Services Manager. While dealing with the ever-evolving facility demands, Tim took the time to provide valuable mentoring, encouragement and supportive supervising to help grow and advance the career of a household employee. Cati shared, "As the new Environmental Services Manager, I am lucky to have Tim as my mentor. Within a short period of time, he has taught me things that I would never imagine I would be learning. I am looking forward to learning from his remarkable qualities and many years of experience through my new position."

It is Tim's "lead by example" and can-do spirit he demonstrates that exemplifies why he was a great fit to be selected as the Outstanding Mentor by LeadingAge of Michigan. Well deserved Tim!

The Wellness Center at the Grand Traverse Pavilions Helping You Move Forward

Wellness – it's a term that we often hear in the media or marketing campaigns – but what exactly is wellness? The Merriam-Webster dictionary defines wellness as "the quality or state of being in good health especially as an actively sought goal." Good health. Actively sought. Wellness isn't something that simply happens to us. It is a state of being that occurs (or doesn't) because our actions.

Founded in 2001, The Wellness Center at the Grand Traverse Pavilions exists to support the health and wellbeing of Pavilions residents and the Grand Traverse region through the following programs:

Outpatient Therapy Services

Aquatic Therapy – The Wellness Center is proud to have the region's largest dedicated therapy pool where we provide outpatient therapy. The most common conditions that we treat in the pool are lower back pain, hip/knee arthritis, and impaired balance. Combining buoyancy and resistance from the water, our therapists design exercise programs that are effective, yet often much less painful, compared to activity on land.

Physical Therapy – Our physical therapists and physical therapist assistants are experts in movement. We help our patients manage pain, improve strength and balance, recover from surgery, and improve overall fitness through aquatic or land exercise and manual therapy.

Occupational Therapy - Occupational therapists and certified occupational therapy assistants work with individuals to increase independence in all areas of life, including work, self-care, and leisure. This would include individuals recovering from bone and tissue injuries of the hand, wrist, and elbow.

Speech-Language Pathology - Speech-language pathologists (SLPs) work to assess, diagnose, and treat speech, language, social communication, cognitive-communication, and swallowing disorders in our patients. Our SLPs also provide fiberoptic endoscopic evaluation of swallowing (FEES).

Health and Fitness Programs

Aftercare – For patients who have completed a course of aquatic therapy and desire continued use of our wellness center pool, we offer an independent program where participants perform exercise prescribed by their therapist.

Aquatic Classes – we currently offer three different aquatic exercise classes: Ai Chi, Morning Jump Start, and Fun Functional Fitness. Classes are open to the community and start every six weeks.

Our Wellness Center staff is here to help you meet your wellness goals for 2024 and beyond. For more information, please call (231) 932-3172.

Chris Hinze, PT, DPT
Outpatient Therapy Manager
The Wellness Center at Grand Traverse Pavilions

SAVE THE DATE!

SCRAMBLE FORE SENIORS

We are excited to announce Grand Traverse Pavilions new fundraiser, Scramble Fore Seniors, a golf outing that will be held on May 17th coinciding with Older American's Month to encourage and recognize the countless contributions that older adults make to our community. The outing will be held at The Crown Golf Club at a cost of \$125 per player or \$500 for a foursome. Pricing includes golf with a cart, lunch at the turn and light hors d'oeuvres during the silent auction and raffle.

We still have Hole Sponsor slots available and are still accepting teams and silent auction items. All gifts to the Grand Traverse Pavilions are tax deductible as allowable by the IRS, and please know that a receipt of your gift will be provided for your tax records.

If you have any questions please call 231-932-3019 for further information.



National Volunteer Month

April is National Volunteer Month. What a great opportunity to begin making a difference in countless lives. Grand Traverse Pavilions has been very fortunate to receive the amount of support that we have gotten from hundreds of volunteers that allow our residents to enjoy fun activities and outings. Many of these opportunities would not be possible without the extra set of hands and eyes. We are happy to share that since last May all restrictions have been lifted and we have many opportunities for volunteers to make a difference. Volunteer opportunities include going for walks, rides on our handicap accessible bikes, accompanying residents on community outings, filling resident birdfeeders, gardening, one-on-one companionships, assisting in childcare, events like Concerts On the Lawn, or even leading your own group activity in something you are passionate about!

As our Life Enrichment therapists look to develop activities to enhance the quality of life for our residents, the number of activities and outings are continuing to increase. Grand Traverse Pavilions could use volunteers now more than ever. We have opportunities for all schedules and encourage you to visit our website to learn more about volunteering at Grand Traverse Pavilions at www.gtpavilions.org/volunteer/volunteer-opportunities, or call our Volunteer Coordinator at 231-932-3019 with any questions.

Pavilions Receives Gold Seal of Approval

Grand Traverse Pavilions has received The Joint Commission's Gold Seal of Approval® for Nursing Care Center Accreditation by demonstrating continuous compliance with its performance standards. Making the Pavilions one of only five facilities in Michigan with that accreditation, and the only facility north of Alma, MI. In addition, the Pavilions earned certification in the specific areas of Memory Care and Post-Acute Care. The Gold Seal is a symbol of quality that reflects a health care organization's commitment to providing safe and quality resident care.



ifying deficiencies in care and working with those organizations to correct them as quickly and sustainably as possible,” says Mark Pelletier, RN, MS, Chief Operating Officer, Accreditation and Certification Operations, and Chief Nursing Executive, The Joint Commission. “We commend Grand Traverse Pavilions for its continuous quality improvement efforts in patient safety and quality of care.”

According to Gerard Bodalski, CEO for Grand Traverse Pavilions, “We are extremely proud of our nursing leadership and entire team for the exceptional effort they have made to obtain this monumental achievement. We continue to move forward in serving the Grand Traverse region with the best care possible.”

Although licensed nursing homes, like the Pavilions, are already inspected routinely by CMS, through the Michigan Department of Health and Human Services (MDHHS), the Pavilions administration and board have chosen to voluntarily seek an even higher standard of care by achieving accreditation through this independent nationally accreditation body. The Joint Commission audit process allows us to deliver higher quality resident and patient care by providing valuable insight into our organization's daily operations and systems.

The Pavilions underwent a rigorous, unannounced onsite review in June 2023. During the visit, a Joint Commission reviewer evaluated compliance within the Pavilions long-term, dementia and short-term Rehab/Post-Acute Care units. The surveyor conducted onsite observations, interviews and extensive documentation review, evaluating standards spanning several areas including: infection control and prevention, medication management, resident rights, individual care plans, emergency management, environment of care and clinical leadership.

The Joint Commission's national standards are developed in consultation with health care experts and providers, measurement experts and patients. They are informed by scientific literature and expert consensus to help health care organizations measure, assess and improve performance.

“As a private accreditor, The Joint Commission surveys health care organizations to protect the public by identi-



Tradition of Excellence

by Deb Jackson

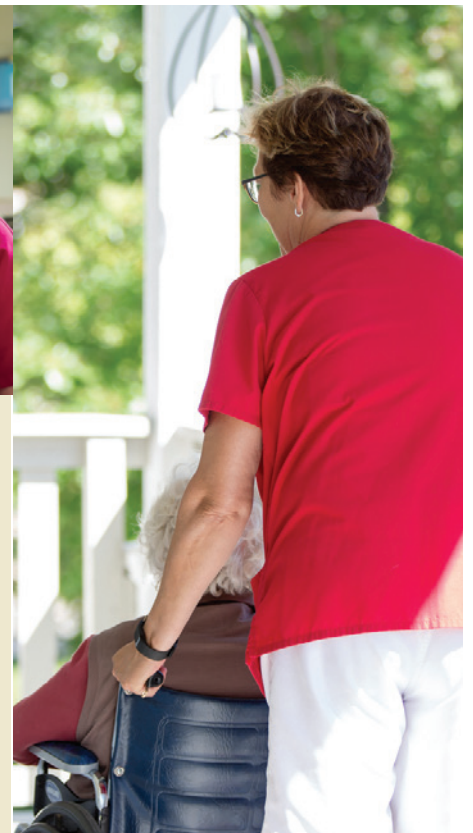
Grand Traverse Pavilions remains strong and a top choice for eldercare. And this is due to the incredible staff working directly with our residents. Recently I was talking to a woman whose mother moved into the pavilions this past year. She told me that she had concerns about the choice because of all the things she heard in the media and people were telling her to be cautious about the Pavilions. Her experience, however, has been exemplary, and she feels confident that she made the right choice. Her mother is happy, thriving and well cared for. She said to me “whatever administrative things were happening that were being talked about in the media, never trickled down to the one on one care between staff and residents.” This is The Pavilions; incredibly passionate people caring for our elders in a beautiful, well equipped setting. We are grateful to everyone that does this work at the Pavilions. Grand Traverse Pavilions remains strong and we are proud of it.



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Grand Traverse Pavilions
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**Please visit
gtpavilions.org/jobs
to submit an application.**

Concerts on the Lawn 2024



Grand Traverse Pavilions
Thursdays @ 7:00pm

Enjoy a summer evening with great music, family and good friends. Note that parking is often limited, so feel free to catch a free ride complimentary of BATA's Bayline Bus.

- June 20th **All About Buffet - Doc Probes and the Rip Tides**
- June 27th **Elvis Tribute Artist - Jake Slater**
- July 11th **Miriam Pico and Friends**
- July 18th **Petoskey Steel Drum Band**
- July 25th **Backroom Gang**
- August 1st **The Gordon Lightfoot Tribute**
- August 8th **Some Like It Yacht**
- August 15th **K. Jones and The Benzie Playboys**

Support the powerful work of the Foundation

Freewill donations at the concerts will go directly to supporting the Grand Traverse Pavilions Foundation's efforts to care for the elders in our community.

**Concerts are subject to change due to inclement weather.*

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